

Oasis Pro includes:

- ☒ Oasis Pro Unit
- ☒ CES Electrode Cable with Earclips
- ☒ Carry Case
- ☒ 9-Volt Battery (excluding Japan/Australia)
- ☒ Oasis Pro Operator's Manual

ADDITIONAL ACCESSORIES

- ☐ MET Kit (Snap Connector Stim Cable + pre-gelled electrodes)
- ☐ MET Probe Kit
- ☐ tDCS Kit
- ☐ DAVID Session Editor

Testimonials

Kevin P, Canada: "I have been using the Mind Alive Oasis Pro for the past few months and found the device to be very helpful with my anxiety and sleep problems. I felt the calming effects almost immediately and was able to reduce my medications within a couple of weeks, I have recommended it to friends and family."

Kate F, US: "Within just a few months of receiving help from my Doctor with tDCS and CES, my 15-year struggle with bipolar depression and pain are in complete remission. I got my life back! I couldn't be more grateful!"

More Information

For additional information on the OASIS Pro, visit www.mindalive.com



WARNINGS

Do **NOT** use the Oasis Pro if you have a pacemaker. The electrical signals may interfere with demand rates and cause pacer malfunction.

Do **NOT** use on pregnant women, persons with epilepsy, brain tumor, or recent stroke.

Do **NOT** use while driving or operating hazardous machinery.

Do **NOT** place electrodes over skin lesions, new scars, cuts, eruptions, or sunburn.

Do **NOT** set the CES intensity too high. Set the intensity to a level so that the stimulation is only mildly noticeable.

⚠ **Setting the intensity too high may result in a mild irritation or blistering.**

The **Oasis Pro** is not recognized as a treatment or cure of any medical condition or disability. However, research suggests that the **Oasis Pro** is an effective relaxation and meditation tool.



Cranio-Electro Stimulation (CES)



➤ ➤ ➤ **MET and tDCS capability with additional accessories at additional cost**

Be better

Do better

Feel better

with the Oasis Pro

The Oasis Pro is very versatile and has several applications

1. CES to aid sleep and cognition
2. CES to relieve discomfort
3. CES to reduce anxiety symptoms
4. MET to relieve muscle tension
5. tDCS to improve mood/cognition

What is CES?

Cranio-Electro Stimulation uses a small amount of electrical current across the head to stimulate the brain.

Most studies have proven CES to be a reliable method to reduce anxiety, improve sleep, and improve cognition.

Session Options

- Sub-Delta
- Delta
- Theta
- Alpha
- SMR
- Beta
- Gamma
- 100 Hz
- MET

Session Length Options

- 20 minutes
- 45 minutes
- 3 hours

CES Applications

Sleep and Relaxation

100 Hz (short pulse)

- Generate serotonin
- Enhance sleep
- Help calm the mind

Use at night for a better sleep or during the day for a calm and relaxed mind.

Discomfort Relief

0.5-3 Hz (long pulse)

- Generate endorphins
- Relieve discomfort
- Help calm the mind

Use at any time for a relaxing boost of endorphins.

Additional Accessories

- purchase separately

MET

MET effectively releases muscle tension across one or two muscles.

tDCS

tDCS is a non-invasive method, allowing for the reversible modulation of activity in particular brain regions.

What is MET?

Microcurrent Electro Therapy (MET) is the practice of putting a small amount of electrical current across tissues or muscle for relaxation and to relieve discomfort.

MET with the Oasis Pro is simple to use. Connect the snap connector cable to the CES jack. Place pre-gelled electrodes on either end of the muscle to be stimulated and attach the snap ends to the electrodes.

What is tDCS?

When a DC current is applied over the scalp with the intention of altering neuronal activity, it is known as transcranial DC Stimulation. Applying tDCS at intensities of 1 milliamp for approx. 20 minutes has been shown to either excite or inhibit the sensori-motor cortex.

Carbon electrodes with sponges are required for tDCS use. Using the Brodmann Area Chart for positioning the electrodes, Research on tDCS has shown it to be effective for anxiety, depression, OCD, and cognition.